



العائلة
AL- A'ELLA
-HOME & HEALTH CARE-

ACCREDITED CPD ACTIVITY

PAUSE. RESET. CONTINUE: A BURNOUT RECOVERY EXPERIENCE

Face-to-Face Workshop

II PAUSE | C RESET | ▶ CONTINUE

CREDIT-HOURS
3.25
HOURS



Al A' Ella Home and Health Care is a 100% Qatari organization founded in 2015 in Doha, specializing in home healthcare services. As a leading home care provider, we are committed to delivering safe, high-quality, and patient-centered care to our clients.



Pause. Reset. Continue: A Burnout Recovery Experience is an educational activity designed to support healthcare professionals in recognizing, understanding, and managing burnout in the workplace. The program aims to enhance participants' awareness of the signs, symptoms, and impact of burnout, strengthen resilience, and promote evidence-based self-care and stress management strategies. Through interactive discussions, self-reflection activities, and practical mindfulness techniques, participants will develop skills to improve emotional well-being, maintain professional effectiveness, and foster a healthier work-life balance. This activity supports our ongoing commitment to promoting staff well-being, patient safety, and the delivery of compassionate, high-quality, person-centered care.



DATE: 24 JULY 2026 (FRIDAY)

DATE: 25 JULY 2026 (SATURDAY)

MORNING SESSION

EVENING SESSION

MORNING SESSION

EVENING SESSION

24/07/2026 (Friday)
08:00 AM – 11:45 AM

24/07/2026 (Friday)
01:00 PM – 04:45 PM

25/07/2026 (Saturday)
08:00 AM – 11:45 AM

25/07/2026 (Saturday)
01:00 PM – 04:45 PM

CREDIT-HOURS
3.25 Hours

REGISTRATION FEE
QAR 40
per participant

VENUE
Office Number 506,
Abdul Jaleel Business Center No. 98,
Al Matar Street 310, Zone 26,
Doha, Qatar

CONTACT PERSON
Ms. Monika Bisht
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ACTIVITY TYPE
Face-to-Face
Workshop

ACTIVITY CODE
A617

TARGET AUDIENCE
Registered
General Nurses

ORGANIZER
Al A' Ella
Home & Health Care

DELIVERY MODE
Face-to-Face
Workshop



"This activity is an Accredited Group Learning Activity (Category 1) as defined by the Ministry of Public Health's Department of Healthcare Professions - Accreditation Section and is approved for a maximum of 3.25 hours."

ACCREDITED
CATEGORY 1

★★★★★



"The scientific planning committee has reviewed all disclosed financial relationships of speakers, moderators, facilitators, and/or authors in advance of this CPD activity and has implemented procedures to manage any potential or real conflict of interest."

PAYMENT DETAILS – BANK TRANSFER

| | | | |
|----------------|-----------------------------------------------------------------------|----------|------------------------------|
| BANK NAME | AL RAYAN BANK بنك الريان | IBAN | QA31MAFR00000000011144152001 |
| ACCOUNT NAME | شركة العائلة للرعاية المنزلية والصحية AL A' ELLA HOME & HEALTHCARE | FAWRAN | CR. 77396 |
| ACCOUNT NUMBER | 0011 - 144152 - 001 | CURRENCY | QR |
| | | BRANCH | AL WAKRAH BR |

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